

23rd Annual Neuroscience Nursing Conference

Integrating the Art and Science of Neuroscience Nursing

September 15-16, 2026 | 8:00 a.m. - 4:30 p.m.
The Graduate Iowa City Hotel, 210 S Dubuque St, Iowa City, IA

The purpose of this two-day conference is to optimize the care of neuroscience patients by providing advanced knowledge and innovative care strategies impacting neuroscience nurses and patients across the lifespan. This content may help individuals prepare for the Certified Neuroscience Registered Nurse (CNRN) or Stroke Certified Registered Nurse (SCRN) exams.

Overarching Program Objectives:

- Describe neuro anatomy and the correlation with neuroscience patient care.
- Discuss diagnosis, treatment, management and emerging research for neuroscience pathologies.
- Identify strategies to promote the art and science of patient care to optimize patient outcomes.

Registration Information

Registration Link: <https://uiowa.cloud-cme.com/course/courseoverview?P=0&EID=81841>

Registration Fees:

- Non-UI Health Care Attendees (add \$20 after 8/21/2026)
 - 2 days = \$100
 - Single day = \$70
- UI Health Care Employees and Nursing Students
 - 2 days = \$80
 - Single day = \$50



Registration closes on 9/2/2026.

Refund: Full (minus \$10 cancellation fee) if notification received on or before 9/2/2026.

Questions? Contact Nursing Clinical Education Center at nursingcontinuinged@uiowa.edu or call (319) 356-1238.



Changing Medicine.
Changing Lives.®



Agenda

Tuesday, September 15, 2026

- 7:30 Registration
8:00 Welcome
8:05 **Spine, Spinal Cord, Spinal Nerves Back to Basics** | Kathleen Andersen, MS, Associate Professor
8:55 **Spinal Cord Injury and Bone Health** | Cathy Hostettler, DNP, ARNP, FNP-BC, Nurse Practitioner
9:35 Break & Exhibitors in pre-function area
9:55 **Capitalizing on Plasticity after Spinal Cord Injury: The Power of Rehabilitation** | Richard K. Shields, PT, PhD, FAPTA, Departmental Executive Officer, Physical Therapy and Rehabilitation Science
10:45 **Neuromodulation for the Treatment of Epilepsy** | Dana LoTempio, DNP, ARNP, Nurse Practitioner
11:15 **University of Iowa Stead Family Children's Hospital Facility Dog Program** | Emily Bradley, MS, CCLS, Manager; Cydney Westen, MS, CCLS, Child Life Specialist
12:00 Lunch & Exhibitors (Optional: Eastern Iowa Chapter of American Association of Neuroscience Nurses in the O'Connor Boardroom)
1:00 **Supportive and Palliative Care** | Danilo Jahn, ADN, RN, Staff Nurse
1:35 **Treatments for Chronic Inflammatory Demyelinating Polyneuropathy and Guillain Barre** | Christopher Nance, MD, Clinical Associate Professor
2:15 Break & Exhibitors in pre-function area
2:35 **To Infinity and Beyond: Advancing Precision Medicine Through a Pediatric Genetic Therapy Center** | Chandra L. Miller, DNP, ARNP, FNP-C, Nurse Practitioner
3:10 **Multiple Sclerosis: The Patient's Experience and Why We are Entering a New Era for Treatment and Wellness** | Mishelle Paullus, ARNP, MSCS, Nurse Practitioner
3:40 **Recovery After Stroke: A Patient Perspective**
Moderator: Karen Stenger, MA, RN, CCRN, Nursing Practice Leader
4:10 Evaluation
4:20 Recess

Wednesday, September 16, 2026

- 7:30 Registration
7:55 Welcome
8:00 **(Nonaccredited Education) A Functional Medicine Approach to Brain Health** | Terry Wahls, MD, FACP, IFMCP, Clinical Professor
8:50 Break & Exhibitors in pre-function area
9:20 **Parkinson's Disease and Lifestyle Changes** | Nandakumar Narayanan, MD, PhD, Professor
10:00 **Neuro Critical Care** | Ann Wyborny, DO, Clinical Assistant Professor
10:40 **Acute Ischemic Stroke Guideline Review** | Erin Rindels, MSN, RN, CNRN, SCRNP, Clinical Practice Leader
11:15 **Cerebral Venous Thrombosis** | Randall Krug II, PhD, MD, Fellow Physician
11:50 Lunch & Exhibitors
1:00 **Headache 101, Calcitonin Gene-Related Peptide (CGRP), Migraine and Post Traumatic Headache: Clues from a Neuropeptide** | Levi Sowers, PhD, Assistant Professor
1:50 **Experiencing the Neurologic Patient Journey** | Michele Wagner, MSN, RN, CNRN, Retired Nurse; Grace Matthews, MSN, RN, Retired Nurse
2:30 Break & Exhibitors in pre-function area
2:50 **Lumbar Stenosis and Neurogenic Claudication** | Patrick W. Hitchon, MD, Professor
3:20 **Chiari Malformation** | Trang Duong, DNP, ARNP, CPNP-PC, Nurse Practitioner
3:50 **More Than a Diagnosis: A Patient's Journey**
Moderator: Karen Stenger, MA, RN, CCRN, Nursing Practice Leader
4:20 Evaluation
4:30 Recess

Schedule and speakers are subject to change. Faculty are staff at UI Health Care and/or University of Iowa Colleges unless otherwise indicated.



General Information



Education Credits: in support of improving patient care, the University of Iowa Roy J. and Lucille A. Carver College of Medicine is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the health care team.

Nurse: The University of Iowa Roy J. and Lucille A. Carver College of Medicine designates this activity for a maximum of 12.0 ANCC contact hours.

Other Health Care Providers: A certificate of participation will be available after successful completion of the course. (It is the responsibility of licensees to determine if this continuing education activity meets the requirements of their professional licensure board.)

Hotel Room Reservations:

The conference will be held at the Graduate Iowa City Hotel, 210 S Dubuque St, Iowa City, IA. Call the Graduate Hotel directly at (319) 337-4058 or through their direct booking link:

<https://book.passkey.com/event/51189051/owner/50921196/landing> by August 12, 2026 to make a room reservation. The conference group code = 929.

Acknowledgements: We gratefully acknowledge the financial support provided. Determination of educational content for this activity and the selection of speakers are responsibilities of the course director. Firms providing support did not have input in these areas.

The UI Health Care Department of Nursing Services and Patient Care's continuing education programs are developed under the supervision of Christina Woline, DNP, RN, NPD-BC, Associate Chief Nursing Officer – Professional Practice.

Everyone in a position to control the content of this educational activity will disclose to the accredited provider all financial relationships with ineligible companies whose primary business is producing, marketing, selling, re-selling, or distributing healthcare products used by or on patients. All relevant financial relationships will be mitigated.

For more information on upcoming CE offerings:

Visit our website for program information and brochures: <https://uihc.org/nursing-continuing-education-schedule>

Questions concerning CE programs may be directed to the Nursing Clinical Education Center at 319-356-1238 or email nursingcontinuinged@uiowa.edu

The University of Iowa prohibits discrimination in employment, educational programs, and activities on the basis of race, creed, color, religion, national origin, age, sex, pregnancy (including childbirth and related conditions), disability, genetic information, status as a U.S. veteran, service in the U.S. military, sexual orientation, or associational preferences. The university also affirms its commitment to providing equal opportunities and equal access to university facilities. For additional information on nondiscrimination policies, contact the Senior Director, [Office of Civil Rights Compliance](#), the University of Iowa, 202 Jessup Hall, Iowa City, IA 52242-1316, 319-335-0705, uic-ocr@uiowa.edu.

Individuals with disabilities are encouraged to attend all University of Iowa-sponsored events. If you are a person with a disability who requires a reasonable accommodation in order to participate in this program, please contact the Department of Nursing in advance at (319) 356-1238.